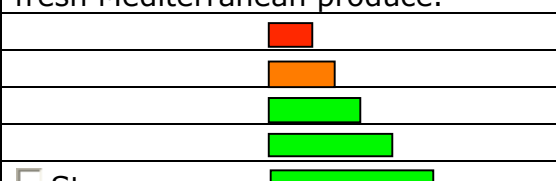







## Wi-Fry Food Review






Establishment Details	
Name:	Sapori Restaurant
Address:	108 High Street, Lee-on-the-Solent
Map:	See website below
Telephone Number	023 9255 4646 or 079 6650 7318
Email:	Louisesambiase@aol.com
Website:	<a href="http://www.sapori-restaurant.com">http://www.sapori-restaurant.com</a>
Style, e.g. Pub, Indian, American, etc	Italian
Is it family friendly?	Yes, very welcoming for a restaurant
What is disabled access like?	All on one level with ramp, excellent!





Food	
What food did you have?	<p><u>Starter</u> of Home made bruschette topped with fresh tomato and onions</p> <p><u>Main course</u> of Tagliatelle gamberi, pachino e rucola - Tagliatelle pasta with prawns cooked in white wine sauce, cherry tomatoes and roquette</p> <p><u>Dessert</u> of White &amp; dark chocolate and ricotta tart</p>
What did it taste like?	<p>As someone who loves Italian food and has warm memories of a holiday in Sardinia I approached Sapori with a degree of trepidation. I was worried that it wouldn't live up to the Italian food I have had before. I was wrong! Sapori is one of the best Italian restaurant I have visited in the UK and I have been to some very good ones. What strikes me is the fresh taste of everything. The menu claims that all food is homemade, from the pasta to the bread and the tomato sauces and the taste shows this extra effort to be worth it.</p> <p>The bruschette was light with fresh tomatoes on top. The pasta was divine! As someone who is very</p>

	<p>fussy about over acidic tomato sauces and stodgy pasta served up in many establishments I was in heaven when my main meal was served. The blend of flavours was sublime, but simple as it should be for Italian food. Every forkful had a plump prawn on it and the portion size was generous.</p> <p>I shared a dessert with my wife and it was once again superb and typically Italian.</p> <p>All I can say about the food is WOW!</p>
How hot was it?	My wife had Cannelloni ricotta e spinaci, which was served in a cast iron pan. This was very hot. Mine was perfect and stayed warm through to the end, which is no mean feat for pasta!
What was the choice of menu like?	Just right. Some may prefer more meat options, but this is an Italian restaurant that hasn't simply thrown in a few steaks and sauces to satisfy those who don't like Italian cuisine. If you like pasta and pizzas you are spoilt for choice, if you don't, why are you going to an Italian?! That said there are 7 meat and fish dishes to choose from, just don't expect peppered steak to be there!
Who are they in competition with and how do they fair against them?	The nearest competition (food wise) I have found is the Pizza House in Hilsea and this slightly edges it for me for being more traditional. But the Pizza House is great!
Was there a healthy option?	I would say nearly all is healthy. No chips on the menu and plenty of fresh Mediterranean produce.
Overall Food Rating:	

Service	
What was the mood of staff? E.g. <i>Happy, Sad?</i>	The service was polite and efficient. The owner/waitress/host (Louise I

	think) never stopped all night. She was happy to engage in conversation if you wanted but was equally happy for you to just enjoy the food. Classy sums it up nicely!
How fast/efficient was the service?	Just right, cooked to order with fresh ingredients, so wouldn't want it any quicker.
Did they offer waiter service?	Yes
What was the atmosphere like?	Chilled out, like being on holiday in Italy!
Overall Service Rating:	
	
	
	
	<input type="checkbox"/> Strong 

Value	
Did they have any special offers?	There is a lunch menu at £7.50 for two courses.
Was there a wide range of options?	Yes, I would like to try more!
How much did it cost?	£20 per head for two courses and a shared pudding plus two soft drinks and a cup of tea. I have paid more in pubs without waiter service.
Was this good value for money?	Yes, special mention for the coca cola, which is £1 served in an iced glass no less. They could charge more for drinks but thankfully they don't look to rip their customers off!
Overall Value Rating:	
	
	
	
	<input type="checkbox"/> Strong 

Summary	
Name of Reviewer:	Daniel Fearnley
Date of Visit:	1 <sup>st</sup> July 2008
What is your overall summary?	Simply excellent, a place Lee on the Solent should be proud of.
Would you recommend to others?	Without a doubt.
Overall Rating:	
	
	
	
	<input type="checkbox"/> Strong 